

# Exercise Executive Stretch

A fantastic opportunity for companies to give junior and middle managers a **FREE** money-can't-buy experience to grow and develop using the skills of the Reserve Forces in Scotland



Join the adventure at Redford Barracks in Edinburgh from April 27-29 to work alongside Royal Navy, Army and RAF Reserve units. Step outside your comfort zone, challenge yourself and improve your leadership, teamwork, communication and problem-solving skills



Executive Stretch is sponsored by 51st Infantry Brigade and HQ Scotland and Highland and Lowland Reserve Forces' and Cadets' Associations

To register your company, contact: Angie Dempsey at Highland RFCA on [hi-eeao@rfca.mod.uk](mailto:hi-eeao@rfca.mod.uk) / Colin Vooght at Lowland RFCA on [lo-reed@rfca.mod.uk](mailto:lo-reed@rfca.mod.uk)

